

GAIN MOZAMBIQUE'S PORTFOLIO

GAIN MOZAMBIQUE

JANUARY 2025 EDITION



1. ABOUT GAIN

The Global Alliance for Improved Nutrition (GAIN) is a Swiss-based foundation launched at the United Nations in 2002 to combat the human suffering caused by malnutrition. By 2027, our goal is to improve access to nutritionally enhanced staple foods for 1.5 billion people, enable 25 million people to access healthier diets, and support positive food system changes in 13 countries.



Improve the access of **1.5** billion people to nutritionally enhanced foods





Support positive food system changes in **13** countries

This is an ambitious and complex goal that can only be achieved by working together with partners at both the national and global levels. These objectives and methods are grounded in our two-decade legacy of transforming lives through better nutrition, concerted action, and effective policy change.

In Mozambique, GAIN has been implementing projects since 2011 and has had a local presence, including offices, since 2013 in the provinces of Sofala, Nampula, Cabo Delgado, and the city of Maputo. We work closely with the government, private sector, and other partners to support the adoption of healthy diets from sustainable food systems. In Mozambique, we focus primarily, though not exclusively, on provinces facing the highest malnutrition burdens, including Nampula, Cabo Delgado, Sofala, Zambézia, and Manica. We design and implement programs aimed at empowering the most vulnerable, working with organizations that help us reach our goal of improving food systems.

FOOD SYSTEMS SITUATION AND NUTRITIONAL CHALLENGES IN MOZAMBIQUE

Mozambique is rich in natural resources, biological diversity and fertile land. Forest, fisheries, agriculture, livestock, and tourism resources contribute to social economic development¹.

The agriculture sector employs **74.6%** of the workforce, contributing **27.8%** of the country's GDP. Staples like maize, cassava and sorghum contribute half of sector production².



DESPITE BEING RICH IN NATURAL RESOURCES, BIODIVERSITY AND FERTILE LAND, MOZAMBIQUE'S FOOD SYSTEM FACES A TRIPLE THREAT:



Continue to be the number one driver of ill-health and early mortality in the country



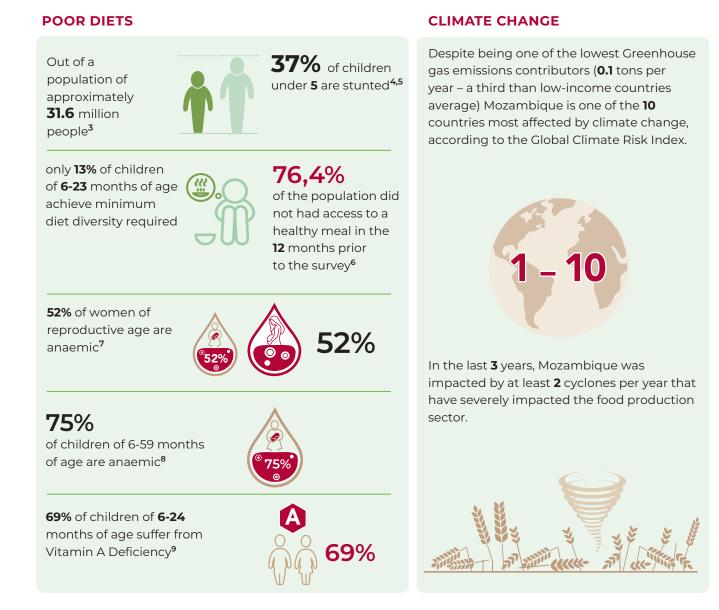
Climate change impacting farming practices and livelihoods



Political and social instability Increasing the food crisis and malnutrition fuelled by conflicts

^{1,2} African Development Bank Group, country strategy paper 2023 2028RDGS/ECCE/COMZ, (June 2023)





POLITICAL AND SOCIAL INSTABILITY

According to IOM/DT, since 22 December 2023, **81,721** people have been displaced due to the attacks or fear of attacks in Cabo Delgado province¹⁰.



According to the latest Integrated Food Security Phase Classification (IPC, 2023) analysis, nearly **2.6** million people are in acute food insecurity in Mozambique. Of these, **126,000** people are in IPC Phase 4 (Emergency)¹¹.



³ National Institute of Statistics, 2022
^{4,5} Family Budget Survey, 2019/20
^{6,7,8} Demographic and Health Survey-IDS, 2022-2023
⁹ WHO/GNR, 2015
¹⁰ IOM/DTM, 2023 https://dtm.iom.int/node/25106
¹¹ IPC Mozambique Acute Food Insecurity Malnutrition (May 2023 – March 2024)



To address the triple burden on Mozambican's Food system, GAIN in Mozambique is focused on innovative, scalable, and impactful initiatives aimed at identifying, updating, and disseminating legislation; developing businesses that produce and distribute safe and nutritious food; and implementing approaches to increase the demand and consumption of healthier diets by all Mozambicans.

OUR MISSION

To improve the consumption of healthier diets for everyone, specially the most vulnerable, by improving the availability, affordability, desirability and sustainability of nutritious and safe food and reducing the consumption of unhealthy and unsafe foods.

OUR VISION

Healthier diets for all, especially the most vulnerable, from more sustainable food systems.

OUR VALUES





OUR AREAS OF INTERVENTION

Support to food systems transformation's pathway (POLICY)	2 Value chain strengthening (PRODUCTION)	3 Food systems in emergency (SOCIAL PROTECTION)	G Demand generation and behaviour change strategies (CONSUMPTION)
 Advocacy for favourable policies. Government capacity-building. Data collection on food systems. 	 Support for the private sector. Assistance to community associations. Food fortification. 	 Strengthening informal food markets. Empowering vulnerable groups within food systems. 	 Marketing campaigns for nutritious foods. Early childhood and adolescent interventions.

WHO WE WORK WITH	WHO WE SERVE	
 Private Sector Government Policymakers Civil Society Researchers Academia 	 Base of the Pyramid Consumers Pregnant and Lactating Women and Women of Reproductive Age Children under 2 Years of Age Adolescents (Aged 10-19) 	

CROSS-CUTTING THEMES

Social Protection

Environment

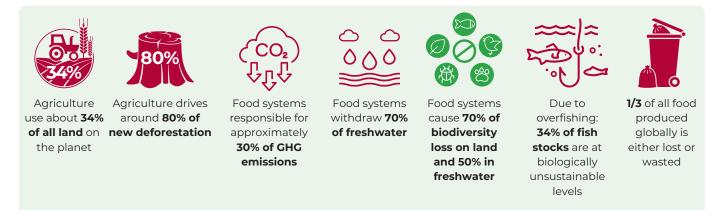
Gender



ALIGNING NUTRITION AND ENVIRONMENTAL SUSTAINABILITY AT GAIN

How do our food systems cause environmental damage?

The way we produce, distribute, and consume food has huge impacts on the environment. Food systems drive biodiversity loss through the conversion of natural habitats, introduction of invasive species, overexploitation through fishing or hunting, pollution and climate change. Food systems impact several environmental dimensions.

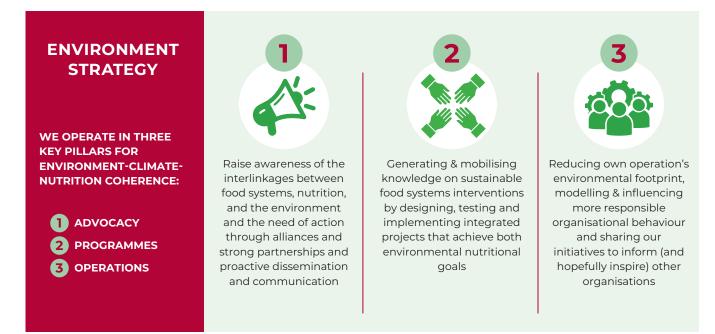


How is GAIN Integrating Nutrition and Environmental Sustainability

While the food systems cause environmental damage, they can also be a solution to environmental challenges. Integrated action for improved nutrition and environmental sustainability requires environmental considerations across production, supply chains, consumption/diets, and food loss and waste.

At GAIN we aim to design and implement our work factoring in environmental aspects in food systems, including the impacts of climate change, while building resilient and sustainable food systems.

The environmental approach at GAIN focus in three strategic pillars:





Our Interventions TO ALIGN NUTRITION & ENVIRONMENT



Engage with and build alliances with key both at country and global level:

- To create awareness of the undeniable intrinsic relationship between food systems and environment and the need of integration.
- 2) To stimulate dialogue, better coordination and improved policy coherence to build the bridge between nutrition and environment sectors.
- 3) To explore and stimulate potential synergies and areas of collaboration among nutrition and environment actors to advance nutrition while being environmentally conscious.



Integration of environmental considerations in the projects at three level:

- Programmes with explicit dual nutrition/ environment focus: develop new models or approaches to solve issues at intersection of nutrition and environment and develop knowledge in this area which can be amplified by others
- 2) Programmes with at least one positive environmental co-benefit: strengthen and communicate environmental benefits, if possible, unlock additional funding
- **3)** Projects are screened for environmental impacts to ensure that all work is consistent with a sustainable food systems transformation.



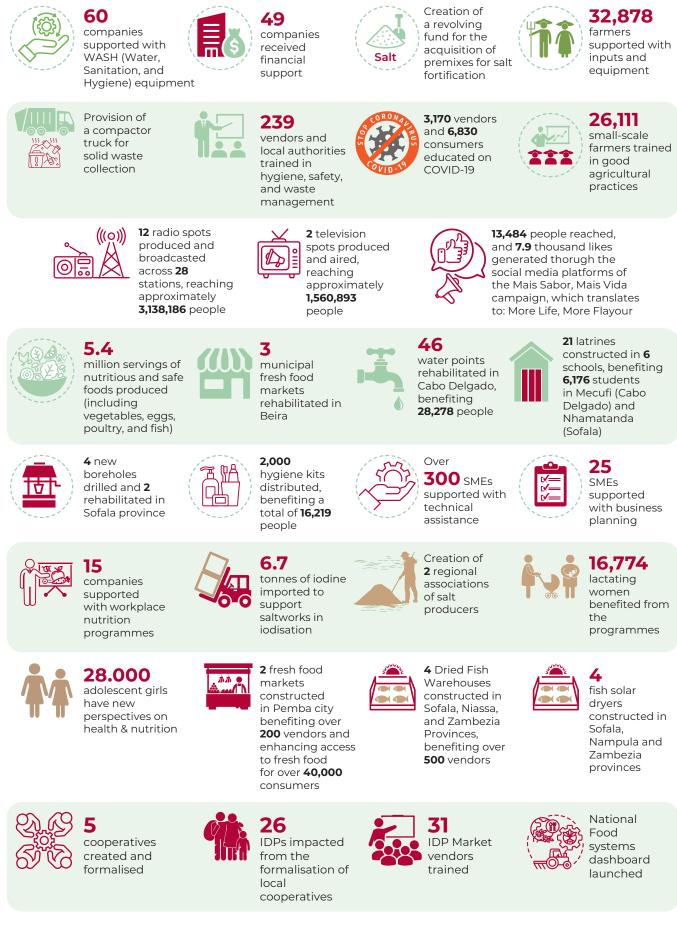
Greening GAIN's Offices

- 1) Reduce energy & water use in offices
- 2) Reduce paper use
- Reduce emissions linked to travel
- **4)** Planting trees





OUR IMPACT BETWEEN 2017 AND 2024





This impact was achieved through the following programmes:

TRANSFORM NUTRITION (2019-2024)

Implemented by a consortium led by ADPP Mozambique, with GAIN, UniLúrio, H2N, and VIAMO in Nampula Province, this project used a cross-sectoral, holistic approach to work through government systems at all levels, from the community level, to improve nutritional behaviours and outcomes among pregnant and lactating women, children under two, and adolescent girls aged 10-19.

Within this project, GAIN was responsible for expanding the EmoDemos (emotional demonstrations) initiative to six districts in Nampula and the Heroine's Game to twelve districts. These interventions had been tested in previous projects by GAIN.



KEEPING FOOD MARKETS WORK DURING COVID-19 (2019-2022)

In response to the COVID-19 pandemic, GAIN developed and implemented the KFMW programme to mitigate the risk of economic collapse in food systems and to sustain core food systems, workers, and markets during the COVID-19 emergency. The KFMW programme was active primarily in the provinces of Sofala and Inhambane and included five main interventions:

- Strengthening SME Resilience
- Maintaining and Enhancing Large-Scale Food Fortification Efforts
- Ensuring Food Markets Remain Open and Operate Safely
- Investing in Nutritional Security for Key Food System Workers
- Supporting Policy Development and Effective Coordination During the Pandemic



RECOVERY OF FOOD SYSTEMS POST IDAI & KENNETH (2019-2021)

This programme was developed in response to the devastating cyclones that struck in March/April 2019, rebuilding food systems in Sofala, Manica, and Cabo Delgado. The project focused on restoring local markets to ensure availability, access, and/or consumption of nutritious and safe foods; improving food utilisation (through enhanced drinking water quality and hygiene); and strengthening local governance functions to address food security. GAIN and various consortium partners (IDE, AGRA, HELVETAS, Instituto Oikos ONLUS, and Save the Children) carried out different interventions within this project.



PROMOTING BETTER NUTRITION FOR ADOLESCENT GIRLS (2018-2021)

This innovative project started with formative research in urban and rural areas of Nampula province to understand the nutritional behaviours, motivations, and influences of adolescent girls. This was followed by a co-design, ideation, and prototyping phase for interventions aimed at promoting healthy eating habits among adolescents. Two refined interventions, Heroines Game and Cooking Academy, were successfully piloted in Nacala Porto, Nampula, from 2019 to 2020, in partnership with the Rapariga Biz programme and relevant stakeholders, including the Government.



CATALYSING PRIVATE SECTOR PARTICIPATION IN SCALING UP NUTRITION IN MOZAMBIQUE (2017-2021)

This project aimed to promote and support private sector engagement and investment in nutrition interventions to improve diet quality. It focused on the production, processing, distribution, marketing, and consumption of safe and nutritious foods for low- and middle-income populations through public-private partnerships, scaling suitable solutions, and contributing to evidence-based models and interventions by the private sector. The CPSP programme operated primarily in six provinces in northern and central regions with the highest malnutrition rates, providing technical assistance and business development services to SMEs, and fostering workplace nutrition initiatives to increase demand for safer, nutritious foods. The project was implemented in partnership with CTA and the Government.





FOOD FORTIFICATION, SAFETY, AND QUALITY (2017-2021)

This project encompassed GAIN's food fortification efforts. Over nine years of collaboration with the Government, the private sector, and consumers, GAIN focused on increasing the accessibility and consumption of iodised salt and fortified foods (cooking oil, wheat and maize flour, and sugar) for all Mozambicans, in compliance with national standards. GAIN developed business models and fostered the creation of two regional associations and cooperatives within the salt industry, aimed at implementing revitalisation strategies for the salt sector and its value chain to meet universal salt iodisation targets. This will ultimately contribute to reducing iodine deficiency disorders in Mozambique. GAIN also partnered with the Government to monitor industry compliance with the fortification programme.



BETTER DIETS FOR CHILDREN (2017-2021)

This project aimed to improve the nutrition of children aged 0-23 months by changing nutritionrelated behaviours among mothers and caregivers in Nampula province (peri-urban Nacala-Porto and rural Mossuril). It involved adapting Emo-Demos (emotional demonstrations that aim to influence behaviour through emotions) from the successful Baduta programme implemented in Indonesia. This intervention promoted infant and young child feeding practices among mothers and caregivers over a 100-day pilot, in partnership with the Government, through a Memorandum of Understanding signed with the Nampula Health Department and the implementing partner CTO.







Through our projects, we aim to reach a total of **2,300,000** beneficiaries by 2027 (**1,250,000** direct and **1,050,000** indirect).





This global programme was created with the primary goal of supporting the implementation of national food system pathways developed from commitments made by countries at the 2021 UN Food Systems Summit (UNFSS). The pathways aim to accelerate global improvements in the consumption of nutritious and safe foods for everyone, especially the most vulnerable, and to ensure food production is environmentally sustainable.

In Mozambique, the programme is implemented through four key areas of work:

- Pillar 1.1 Support the development and implementation of the "National Pathway 2022– 30 for the Food Systems Transformation in Mozambique and its Action Plan" - Provide assistance and promote better integrated planning, implementation, alignment, and management of national food systems.
- Pillar 2.2 Incorporate Local Governance of Food Systems and Markets into the implementation of the National Pathway 2022–30 - Support local governance and engage various stakeholders in the development of UNFSS pathways within the country.
- Pillar 5.1 Aligning Food, Nutrition, and Environment Promoting better nutrition and environmental sustainability regarding animal-source food production and encouraging consumers to make healthier and more sustainable choices, while minimising environmental impacts.
- Pillar 6.2 Strengthening Accountability, Understanding, and Learning about Food Systems

 Supporting the development and implementation of national food systems dashboards.

EXPECTED IMPACT: Decision-makers better able to develop and implement more effective, multi-sectoral policies.



Project:

Okhokelamo Ni Solha (Resilient Nutrition) OKHOKELAMO NI SOLHA RESILIÊNCIA NUTRICIONAL





The Okhokelamo Ni Solha project aims to reduce the prevalence of chronic malnutrition among children under five by at least 10% and break the intergenerational cycle of malnutrition in Mozambique's Zambezia Province. GAIN's intervention will be implemented as part of a consortium led by Save the Children, alongside partners such as the National Association of Rural Extension (AENA), Men for Change Network (HOPEM), Kukumbi, and PCI Media.

Okhokelamo Ni Solha will work through community-level implementation platforms in four districts of Zambezia (Alto Molócuè, Ile, Mocuba, and Mulevala) to sustainably improve women's nutrition, enhance infant and young child feeding, reduce early pregnancies, and improve adolescent girls' nutrition.



EXPECTED IMPACT:

Okhokelamo ni Solha aims to reach **1,157,575** people (members of vulnerable households) across four districts in Zambezia Province.

This initiative is implemented as a consortium between CARE International and GAIN in the districts of Erati, Nacarroa, and the city of Nampula, with the objectives of (i) improving food security and (ii) contributing to the reduction of malnutrition among women of reproductive age and children under five.

CASCADE will achieve these goals through two strategic objectives:

Strategic Objective 1: Increase access to and consumption of healthy diets among household members.

Strategic Objective 2: Increase household members' resilience to price and climate-related shocks and stresses.

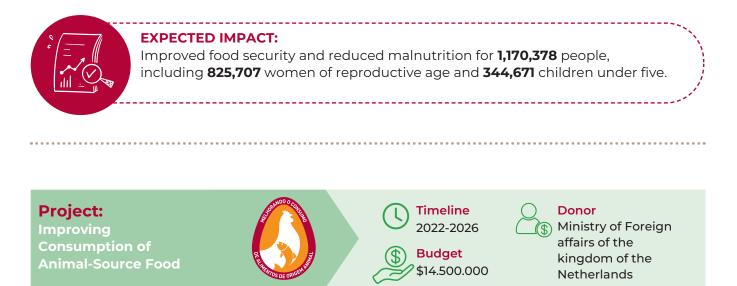
In Mozambique, CASCADE interventions are intended to produce the following intermediate outcomes to achieve the consortium's strategic objectives and the programme's overall goals:

Government actors involved in fortification provide stronger implementation, monitoring, and enforcement of fortification policies.



Target households have increased access to fortified foods.

Private service providers offer affordable, accessible products and services that support healthy yearround diets, particularly for women of reproductive age and young children.



This project aims to improve dietary quality by increasing the consumption of animal-source foods (ASF) for 1.1 million consumers at the Base of the Pyramid (BoP) across 30 districts in the Beira and Nacala corridors, focusing on convenience, affordability, and pricing of these foods. To reach our goal, GAIN will focus on three food groups (fish, poultry, and eggs), guiding interventions across three main cross-cutting pillars:

- **Desirability:** Developing and implementing a campaign to boost the desire for and consumption of fresh and dried fish, poultry cuts, and eggs, proposing new preparation methods and substitutions for other low-cost options. Communication channels will include radio, TV, social media, in-store promotions, roadshows, and community interactions, such as cooking demonstrations.
- Accessibility and Affordable Pricing: This component will focus on last-mile distribution systems (from aggregation points to last-mile retailers), led by the private sector, as well as support for distribution networks by investing in transformation (fish drying technology) and the cold chain (from aggregation/consolidation points to retail).
- Enabling Environment: This intervention targets a supportive policy environment as a key factor for sustaining impact on the food environment, targeting policies across three priority areas around ASF: food safety and quality, fiscal measures and incentives, and environmentally sustainable policies.



PROJECT:

1.1 million low-income individuals will consume a more diverse and adequate diet, assessed using food frequency and dietary diversity indicators (adults, women).





The network was created with the mandate to improve and strengthen the private sector's contribution to enhancing nutrition. In this context, the network is co-facilitated by GAIN and WFP, and is operationally coordinated by a Secretariat.

The network aims, on one hand, to create and stimulate synergies among its members to improve the business environment through initiatives that enhance and expand their productivity capacities or create new market opportunities. On the other hand, the network serves as an advocacy mechanism for the private sector regarding various obstacles (legal, regulatory, etc.) that hinder business.

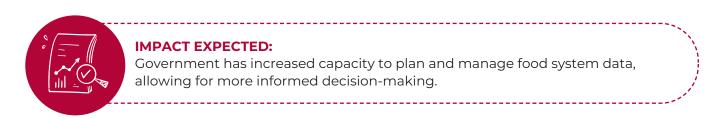
IMPACT EXPECTED: Nutritious foods are made more accessible to low-income consumers by improving the enabling environment for companies to contribute to national nutrition goals.



This platform was developed by GAIN in partnership with government entities (MADER, MISAU, MIC, MTA), Academia (Eduardo Mondlane University), and civil society (Scaling Up Nutrition Civil Society Network).

The platform operates at national, provincial, and municipal levels, providing resources and data on food systems from multiple sources. Its objective is to offer users a comprehensive view of food systems and better inform them about priorities and strategies to sustainably improve the diet and nutrition of Mozambicans.

Initially, the intervention is being implemented in three cities: Beira, Quelimane, and Pemba.







This project primarily aims to strengthen and repair the local food system in southern Cabo Delgado, which has been severely affected by conflict, drought, and long-standing underinvestment, as well as in Nampula Province, where many internally displaced persons (IDPs) from Cabo Delgado have settled. Ultimately, the project seeks to ensure food consumption among the poorest residents of four vulnerable districts in Cabo Delgado and three districts in Nampula Province, including displaced persons from conflict areas and their host households, by improving the availability and accessibility of safe and nutritious food within their communities.

This three-year project is being implemented in the following districts of Cabo Delgado: Metuge, Mecufi, Pemba, and Chiúre; and in Nampula: Meconta, Nacala Porto, and Nampula district, focusing on the following main areas:

- Construction of new fresh food markets in the municipal areas of Pemba and Namialo.
- Capacity building, funding provision, and development of small and medium enterprises (SMEs) and cooperatives of internally displaced persons.
- Strengthening local governance functions to improve local food systems.



IMPACT EXPECTED:

Increased consumption of safe and nutritious food for over **650,000** people (internally displaced persons and host populations) in the provinces of Cabo Delgado and Nampula.





DONORS AND IMPLEMENTATION PARTNERS

From 2017 to 2022, GAIN Mozambique successfully established and fostered strong relationships with donors and partners, resulting in a portfolio of approximately **\$20,068,414.00 USD**. The donors and partners involved in GAIN's current programs include:

DONORS:



WHO WE CREATE ALLIANCES WITH

(1) Government

Ministry of Health (MISAU), Ministry of Industry and Commerce (MIC), Ministry of Agriculture and Rural Development (MADER), Ministry of Labour, Employment and Social Security (MITESS), and the Secretariat of Youth and Sports, Ministry of Sea, Inland Waters and Fisheries, Ministry of Land and Environment.

2 Donors

Foreign, Commonwealth and Development Office (FCDO), Irish Aid, United Nations Children's Fund (UNICEF), Bill & Melinda Gates Foundation (BMGF), Bureau for Humanitarian Assistance (BHA), Wright Family.

3 Government Institutions

Technical Secretariat for Food and Nutritional Security (SETSAN), National Food Fortification Committee (CONFAM), Institute for the Promotion of Small and Medium Enterprises (IPEME), National Economic Activities Inspectorate (INAE), National Institute of Standardization and Quality (INNOQ), National Laboratory of Hygiene, Water, and Food (LNHAA), National Institute for the Development of Fisheries and Aquaculture (IDEPA), and the municipalities of Beira, Pemba, and Quelimane.

4 Multilateral and Non-Governmental Organisations

International Labour Organisation (ILO), Helvetas Mozambique, International Development Enterprises (IDE), Alliance for a Green Revolution in Africa (AGRA), OIKOS Cooperation and Development, Youth Coalition, Theatre of the Oppressed Company (CTO), Girl's Generation Programme, Lúrio University (UniLúrio), and the Organisation of Mozambican Workers (OTM-Central Union).



OUR OPERATIONS

GAIN currently operates four offices to implement its activities. The main office is in Maputo, with three additional offices in the provincial cities of Beira, Pemba, and Nampula.

Financial and Procurement Capacity

GAIN Mozambique has established a comprehensive financial system that ensures transparency, accountability, and efficient financial procedures, thereby reducing the risk of non-compliance. GAIN regularly updates its policies to mitigate potential risks. GAIN's procurement services rely on transparent and competitive bidding processes, following international practices approved by donors. Regular stock and inventory controls are conducted. Our procurement, administration, and finance departments are independent teams but work closely with program teams to identify and respond to their immediate needs. Although we work with multiple donors, we design our systems to accommodate various donor requests as required.

Programmatic, Monitoring, and Evaluation Capacity

GAIN Mozambique has experience implementing complex programmatic approaches involving multiple projects that require strategic collaboration with donors and stakeholders. Our program teams combine specialists in nutrition, development, business management, policy engagement, marketing, communication, food safety and quality, and monitoring and evaluation who contribute to the development, implementation, management, and oversight of our multifaceted approaches.

Communication and Brand Management

GAIN Mozambique has a dedicated Communications and Branding team responsible for designing and implementing communication plans, visibility strategies, and national-level event management. The team oversees compliance with GAIN and donor branding guidelines.





GAIN Mozambique

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